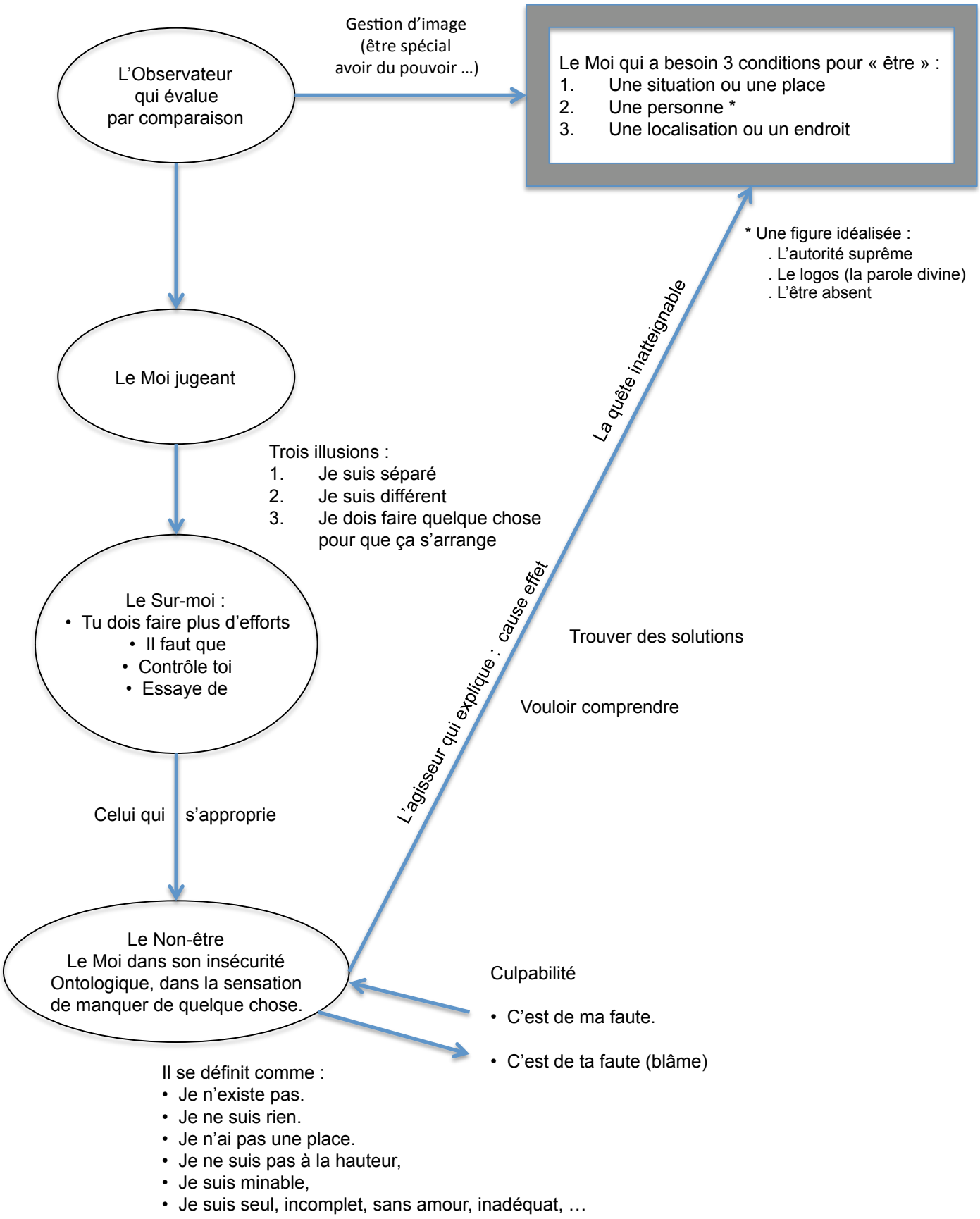L'idéal inatteignable